



Menu



THIS SYMBOL INDICATES THAT THE ITEM IS ALSO AVAILABLE AS GLUTEN FREE



SENIOR PORTIONS AVAILABLE WHERE INDICATED

TAKE-OUT • LIVE MUSIC • 24 ON TAP

STARTERS

PUB COMBO 24.95 <i>THE ORIGINAL SHARING PLATTER!</i>	SKINNY DIPPERS 12.95 //lb <i>seasoned, shaved potato skins deep fried and served with choice of dip</i>
⊗ POTATO SKINS 14	⊗ CHICKEN WINGS 16.75 //lb <i>hot, medium, mild, cajun, honey garlic, lemon pepper, curry sauce or naked</i>
MOZZARELLA STICKS 15.50	⊗ PUB NACHOS Sm 17.25 • Lg 23.25 <i>Add Chicken or Chili</i> 5
GARLIC BREAD with CHEESE 12.75	
COCONUT SHRIMP 16.95	

MUNCHIES

⊗ BASKET OF FRIES 6.50	⊗ CURRY FRIES 6.75
⊗ BASKET OF SWEET POTATO FRIES 7.25	⊗ CHILI CHEESE FRIES 7.95
BASKET OF ONION RINGS 6.75	⊗ POUTINE 7.95

SOUP & SALAD

⊗ COCK A LEEKIE Sm 6.95 • Lg 8.50	⊗ SPINACH SALAD Sm 10.95 • Lg 15.50
SOUP OF THE DAY Sm 6.95 • Lg 8.50	⊗ CAESAR SALAD Sm 10.95 • Lg 15.50
⊗ FRENCH ONION SOUP 9.75	⊗ GREEK SALAD Sm 12.95 • Lg 18.25
⊗ FIELD GREENS Sm 9 • Lg 14 Sr 7.95	SALAD ADD-ONS 4.95 ea <i>Chicken Breast, Steak, Shrimp (available with Salad options only)</i>

FEATURING:



THE BIG
LEBREWWSKI

"the dude imbibes" \$ **4.50** /pint

MONDAY NIGHT WINGS

Half Price Wings

1lb. Minimum • Dine-in Only • Starting @ 8pm

CURRY FRIDAY

Our famous English style curry made fresh every week.

BEEF • CHICKEN • LAMB

A different flavour every Friday.

PRIVATE PARTY & EVENT CATERING

Two Private Banquet Rooms Available for Your Next Event!

Whatever the occasion, Chef Tony can customize your menu, be it munchies or a full formal sit down dinner... We can do it all!

MENU ONLINE

For Menu Descriptions and more please visit:



www.upsndowns.net/menus/

SANDWICHES & WRAPS

Sandwiches are served on your choice of white, whole wheat, rye bread, kaiser bun or ciabatta bun. Prices do not include side dishes.

⊗ WESTERN SANDWICH.....	9.75	SHRIMP & CRAB MELT.....	14.50
⊗ B.L.T.....	11.50	6oz STEAK SANDWICH.....	15.50
⊗ TUNA MELT.....	12.75	VEGGIE CAESAR WRAP.....	11.50
CLUB SANDWICH.....	14.75	CHICKEN CAESAR WRAP.....	13.75
CHICKEN PARMESAN.....	14.75	VEGGIE QUESADILLA.....	13.75
PHILLY CHEESE STEAK.....	14.25	CHICKEN QUESADILLA.....	15.25
⊗ WELLINGTON DIP.....	14.25	CHICKEN SANTA FE.....	14.50
CLASSIC REUBEN.....	14.25		

PUB BURGERS

All our burgers are grilled over an open flame, 6oz. of Angus Beef and hand-made. Topped with lettuce, tomato and pickle. All burgers are gluten free. Served on toasted rustic bun or gluten free bun. Prices do not include side dishes.

TRADITIONAL.....	11.75	PEANUT BUTTER & BACON.....	13.25
BRIT • topped with sautéed onions, HP, old cheddar & onion ring... 12.75		VEGETARIAN • topped with sautéed onions & mushrooms.....	13.25
SPINACH • old cheddar & spinach pattie.....	12.75	LAMB • topped with cabbage marmalade & cucumber relish.....	13.25
MUSHROOM SWISS.....	12.75		
BANQUET • topped with bacon, cheddar & mushrooms.....	13.25		
BIG SMOKIE • topped with BBQ sauce & mozzarella.....	13.25		

4oz Sr. BURGER & SIDE..... 13.95
 Add Premium Side (available for Sr. Burger only)..... 1.75

PUB GRUB

⊗ FISH & CHIPS..... 1pc 17.95 • 2pc 19.50	Sr 14.95	⊗ BABY BEEF LIVER.....	17.75	Sr 14.95	
⊗ CHICKEN FINGERS.....	17.75	Sr 14.95	PASTA BAKE.....	17.75	Sr 14.95
⊗ BANGERS & MASH.....	17.75	Sr 14.95	⊗ VEGGIE CURRY.....	17.75	
⊗ SHEPHERD'S PIE.....	17.75	Sr 14.95	⊗ RIB WING COMBO.....	27.50	
STEAK & KIDNEY PIE.....	17.75	Sr 14.95	⊗ BBQ Ribs.....	Half 23.95 • Full 28.95	

ENTRÉES

⊗ CHICKEN TIKKA MASALA.....	20.75	⊗ GRILLED LEMON DILL SALMON LOIN.....	21.75
BEEF STUFFED YORKSHIRE PUDDING.....	23.50	comes with choice of side and vegetables	
comes with choice of side and vegetables		⊗ PAD THAI.....	21.95

EXTRAS

Ask your server about gluten free options.

GRAVY, CURRY SAUCE.....	4oz • 1.95 ea
EXTRA SAUCE.....	2oz • 1.50 ea
mayo, ranch, hot, medium, mild, cajun, honey garlic, lemon pepper, sour cream	
EXTRA TOPPINGS.....	1.95 ea
cheddar, swiss, mozzarella, bacon, salsa, jalapeños, sautéed mushrooms, sautéed onions	

SIDES DISHES

Complete your meal with any of the following:
 Ask your server about gluten free options.

ADD A SIDE.....	4.50 ea
soup, coleslaw, french fries, potato salad, mashed potato, field greens, cottage cheese	
ADD A PREMIUM SIDE.....	6.25 ea
sweet potato fries, onion rings, greek salad, spinach salad, caesar salad	

KIDS

Kids meals come with a small pop, a scoop of ice cream with a topping of their choice. Available to children 12yrs and younger.

HOT DOG & FRIES.....	8.95	HAM & CHEESE PIZZA with FRIES.....	9.95
GRILLED CHEESE & FRIES.....	9.95	CHICKEN FINGERS & FRIES.....	9.95
HAMBURGER & FRIES.....	9.95	SPAGHETTI & TOMATO SAUCE.....	9.95
SMALL CHEESE NACHOS.....	9.95	1PC FISH & CHIPS.....	9.95

DESSERT

ICE CREAM.....	1scp 4.75 • 2scps 6.50	SOUTHERN PECAN PIE.....	7.95
RICE PUDDING.....	7.25	CHOCOLATE GUINNESS CAKE.....	7.95
KEY LIME PIE.....	7.25	STICKY TOFFEE PUDDING.....	7.95